

Not just a place to live.
A place to thrive.



The
Woodlands Inn
at
EDGEWOOD

Innovative, small-home
Assisted Living
and Memory Support

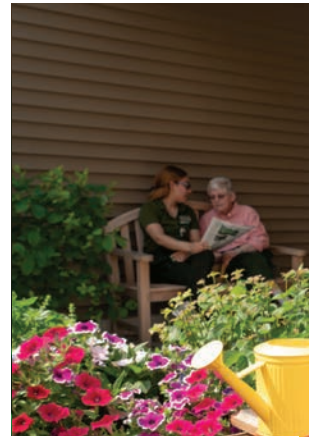
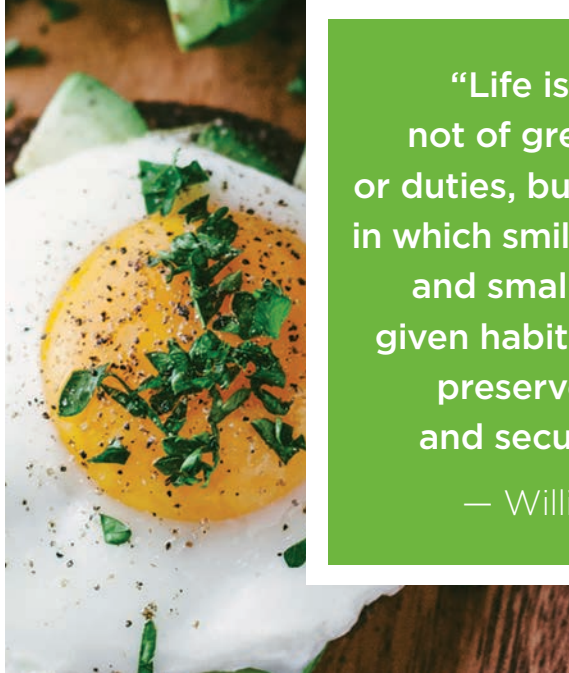
The joy of life is in the details.

Throughout our lives, we recognize and celebrate the large milestones. Yet, it's often the small details that bring the most joy to our days. A kind word offered at just the right time. The waitress who knows you'll have your usual. A smile of recognition or an invitation to belong. Help offered before you ask.

At The Woodlands Inn, we know the small details make a big difference in each resident member's daily life. Specifically designed for those who need assistance with daily living, the intimate size of our households supports members' maximum independence while also fostering social interaction and friendship. Dedicated Innkeepers get to know each member personally — their history and routines, their personality and interests, how they like to spend their days, and the specific types of care and assistance they need. No detail is too small. No need is overlooked.

You'll see it in the smiles. The feelings of warmth and joy are palpable. This is a place that gives each individual the sense of comfort, security, belonging and purpose we all need and deserve.





“Life is made up not of great sacrifices or duties, but of little things, in which smiles and kindness and small obligations given habitually, are what preserve the heart and secure comfort.”
— William Davy

Find connection, purpose, and security.

Assisted Living that empowers independence

Assisted living at The Woodlands Inn provides just the right amount of personalized assistance to help resident members regain a sense of autonomy and purpose they may have lost while trying to manage living on their own. A detailed, individualized plan of care is created for each member based on their needs and preferences. This may include help with personal tasks such as bathing, dressing and grooming; bathroom assistance; medication reminders; moving into or out of a chair or bed; and more.

Weekly housekeeping and laundry service are provided although, as with most things at The Woodlands Inn, members who enjoy doing their own laundry have the freedom to do so. Surrounded by friends — and with the knowledge that a caring, helping hand is always available — members feel empowered to move past their limitations and safely embrace their highest level of independence. This restores a priceless sense of confidence and security that helps members thrive.





“Thriving happens when you have a life of purpose, vitality, connection, and celebration.”

— Tamara Lechner



Memory Support at New England’s only Hearthstone-certified Center of Excellence

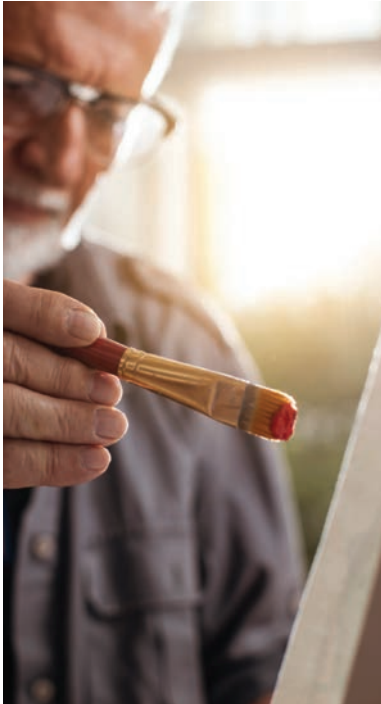
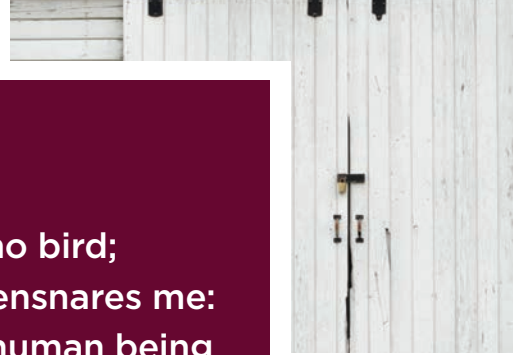
Caring for a loved one with Alzheimer’s disease or another form of dementia is never easy. What’s even harder is making the decision to have someone else care for them. It’s important to know they’ll be in good hands.

Edgewood was the first continuing care retirement community in the nation to receive the Hearthstone Institute’s I’m Still Here® Center of Excellence certification. Every member of the Edgewood staff receives Hearthstone training to learn the latest techniques in communicating with and caring for people with Alzheimer’s disease and other forms of dementia or memory impairment. This means every staff member who interacts with your loved one is trained and equipped to ensure a positive experience.





**“I am no bird;
and no net ensnares me:
I am a free human being
with an independent will.”**
— Charlotte Brontë, Jane Eyre





Looks like an inn. Feels like independence.

The Woodlands Inn is a welcome alternative to traditional, and often clinical, care centers. Designed with details that resemble a charming New England inn, each of our four state-of-the-art, specialized homes accommodates just ten resident members, creating an intimate, family-style atmosphere and opportunities for personal connection.

Daily life centers around a central hearth area where members can gather to engage in conversation, watch a movie, participate in a variety of engaging programs, or simply enjoy the warmth of the fire on a chilly day. Large windows bathe the space in natural light and provide views of each home's gardens and the surrounding woodlands.

The open kitchen and dining area is also a center of activity. At The Woodlands Inn, our chef oversees menu selection and meal preparation for each home, incorporating Edgewood's farm-to-table philosophy and the freshest locally sourced ingredients available. Meals are prepared in each home's open kitchen and members are welcome to observe or join in the preparation before dining together.

For privacy and comfort, each member also enjoys his or her own master suite and master bathroom. These private living quarters are arranged around the central hearth area to foster a sense of community within the home and provide easy access to amenities.

Amenities and Features

- Hearth-centered family room
- Open kitchen and dining area
- Private den
- Spa
- Laundry room
- Courtyard and garden area
- On-site beauty salon and barber shop
- On-site rehabilitation gym
- Access to Edgewood's Clubhouse
- Access to the Rokous Health Clinic and priority admission to The Meadows Health Center if needed

Innkeepers: Fostering trust, caring, and community.

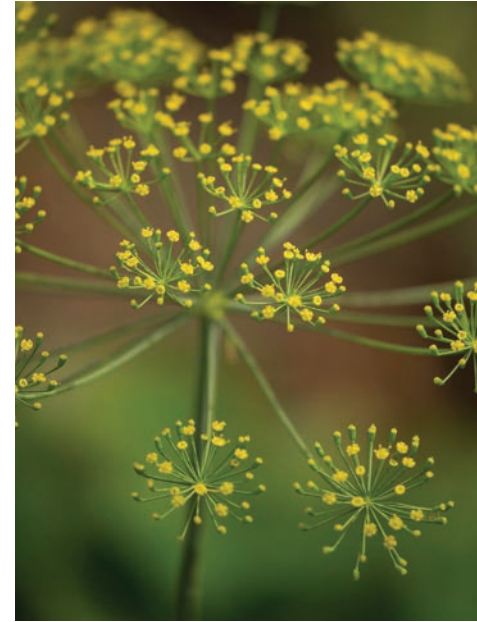
Consistent, highly trained teams of Innkeepers are a central feature of the small-home model at The Woodlands Inn. As a steady and reliable presence in members' lives, Innkeepers serve a variety of roles within the home. They're friends who get to know each resident member, learning about their histories and families, as well as their routines and preferences. They're the helping hands who provide personal care and assistance. They're leaders who are empowered to serve members' needs in the best way possible. They're organizers who plan routines, social events and recreational opportunities to match members' interests and build a sense of family within the home. And they're encouragers who empower members to embrace their highest potential for independence.

Consistent Staffing: Resident members and their families can rest easy knowing that their consistent team of Innkeepers and support staff are taking care of the home 24 hours a day, seven days a week. In addition, a licensed nurse provides oversight and assistance eight hours a day.

Services provided in the home include:

- Assistance with personal care and activities of daily living
- Daily programs and activities developed by a dedicated activities director
- Meal preparation
- Laundry service
- Housekeeping
- Free Wi-Fi
- Telephone and basic cable TV services





“Friendship
isn’t a big thing,
it’s a million
little things.”
— Anonymous



A higher standard with higher levels of care.

On our picturesque, 100-acre campus adjoining conservation land and scenic Lake Cochichewick, Edgewood offers independent living, health care, and support services that empower members to be the architects of their own well-being. Since we're a not-for-profit community, you have the assurance that everything we do and every decision we make is designed to improve the lives of resident members, their families, and the community we serve. And, as the Merrimack Valley's only LifeCare community, Edgewood offers a full continuum of lifestyle and healthcare services right on our campus.

It is our goal to serve your family in caring for those you love — whether they need assistance to maintain their independence, specialized memory care, skilled nursing or hospice care. We also recognize that, if you're a family caregiver, you may need an opportunity to pause and catch your breath while someone else cares for your loved one. In all these instances, The Meadows Health Center at Edgewood is here to help with:

- Skilled Nursing Care (short-term rehab or long-term care)
- Respite Care
- Hospice Care

Resident members at The Woodlands Inn receive priority access to these higher levels of care at The Meadows Health Center at Edgewood, as well as a significant discount. For more information, call 978-738-6104.



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Edgewood Retirement Community

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Edgewood is a not-for-profit 501(c)(3) organization.

