

SUN

MON

TUE

WED

THUR

FRI

SAT

9:30 AM Transportation to Christ Church
 10:00 AM Catholic Communion Service (Auditorium)
 10:00 AM Transportation to South Church (Andover)
 2:00 PM Jim Porcella, Vocalist Singing the music of Nat King Cole and Tony Bennett (Auditorium)
 2:00 PM Movie "Unlocking the Cage" (Channel 918)
 7:30 PM Movie "Unlocking the Cage" (Channel 918)

19

6:30 AM Open Swim (Pool)
 8:45 AM Yoga (Fitness Studio)
 10:00 AM Strength Training (Fitness Studio)
 10:00 AM Treasure Cove Receiving (Card Room)
 11:00 AM Circuit Training - Sign up required (Fitness Studio)
 11:00 AM Michelle's Fashions for Seniors (Auditorium)
 11:00 AM Exercise Your Brain (Arts & Crafts Room)
 2:00 PM Ping Pong (Fitness Studio)
 2:00 PM Group Fitness Training (Fitness Center)
 3:30 PM Taoist Tai Chi - Health Recovery (Fitness Studio)
 7:30 PM ELL Program - The North Andover Mills - Cochichewick Brook, Then & Now with Dorothy Truman (Auditorium)

20

6:30 AM Open Swim (Pool)
 7:30 AM Aqua Dance (Pool)
 8:30 AM Group Fitness Training (Fitness Center)
 10:00 AM Market Basket Shopping (North Andover)
 10:30 AM Book Club II (Arts & Crafts Room)
 11:00 AM Water Aerobics with Nancy (Pool)
 11:15 AM Bible Study with Rev. Hughes (Resident Card Room)
 1:00 PM Rock Steady Boxing Class (Fitness Studio)
 1:30 PM Catholic Mass (ELL Classroom)
 2:00 PM Edgewood Singers (Carriage Room)
 2:00 PM Mahjong (Bistro Coffee Shop)
 3:15 PM Horseshoes (Bistro Lawn)
 3:15 PM Bingo (Arts & Crafts Room)
 3:30 PM Meditation (Clubhouse Conference Room)
 4:00 PM Men's Night (Pub)
 7:30 PM Bridge Club (Auditorium)

21

6:30 AM Open Swim (Pool)
 8:45 AM Yoga (Fitness Studio)
 10:00 AM Strength Training (Fitness Studio)
 11:00 AM Circuit Training - Sign up required (Fitness Studio)
 1:00 PM Technical Assistance Available (Resident Computer Room)
 2:00 PM Special Movie Matinee - Barefoot in the Park (Auditorium and Channel 918)
 2:00 PM Group Fitness Training (Fitness Center)
 2:00 PM Ping Pong (Fitness Studio)
 5:00 PM Group Rosary (Resident Card Room)

22

Thanksgiving Day

23

6:30 AM Open Swim-Cancelled (Pool)
 8:45 AM Yoga-Cancelled (Fitness Studio)
 10:00 AM Strength Training-Cancelled (Fitness Studio)
 10:30 AM ELL Program - What is On Your Mind? (Auditorium)
 11:00 AM Boston Symphony Orchestra (Boston)
 11:00 AM Seated Yoga-Cancelled (Fitness Studio)
 1:00 PM Shabbat (Auditorium)
 2:00 PM Ping Pong (Fitness Studio)
 2:00 PM Movie "The Extra Man" (Channel 918)
 7:30 PM Movie - "The Extra Man" (Channel 918)

24

9:00 AM Taoist Tai Chi New Beginner (Fitness Studio)
 10:00 AM Taoist Tai Chi Set Review (Fitness Studio)
 11:00 AM Taoist Tai Chi - Health Recovery (Fitness Studio)
 2:00 PM Movie "Fences" (Channel 918)
 2:00 PM Alex Barry - Jazz Trumpeter (Auditorium)
 3:30 PM Transportation to St. Michael's Church (North Andover)
 4:00 PM ELL Program - Great Video Series - Lost Worlds of South America (Auditorium)
 7:30 PM Movie "Fences" (Channel 918)

25

9:30 AM Transportation to Christ Church
 10:00 AM Catholic Communion Service (Auditorium)
 10:00 AM Transportation to South Church (Andover)
 1:00 PM New England Patriots vs. Miami Dolphins (Auditorium)
 2:00 PM Movie "Magic in the Moonlight" (Channel 918)
 7:30 PM Movie "Magic in the Moonlight" (Channel 918)

26

6:30 AM Open Swim (Pool)
 8:45 AM Yoga (Fitness Studio)
 10:00 AM Strength Training (Fitness Studio)
 11:00 AM Circuit Training - Sign up required (Fitness Studio)
 11:00 AM Exercise Your Brain (Arts & Crafts Room)
 11:00 AM Movement Disorders Support Group (Resident Card Room)
 1:30 PM Cuddle Dolls (Arts & Crafts Room)
 2:00 PM Ping Pong (Fitness Studio)
 2:00 PM Group Fitness Training (Fitness Center)
 3:30 PM Taoist Tai Chi - Health Recovery (Fitness Studio)
 7:30 PM Michael Perry's Slide Show - Boston Walkabout (Auditorium)

27

6:30 AM Open Swim (Pool)
 7:30 AM Aqua Dance (Pool)
 8:30 AM Group Fitness Training (Fitness Center)
 10:00 AM Market Basket Shopping (North Andover)
 10:00 AM Caregiver Support Group (Private Dining Room)
 11:00 AM Water Aerobics with Nancy (Pool)
 11:30 AM ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room)
 1:00 PM Rock Steady Boxing Class (Fitness Studio)
 2:00 PM Edgewood Singers (Auditorium)
 2:00 PM Mahjong (Bistro Coffee Shop)
 3:15 PM Horseshoes (Bistro Lawn)
 3:15 PM Bingo (Arts & Crafts Room)
 3:30 PM Meditation (Clubhouse Conference Room)
 4:00 PM Men's Night (Pub)
 7:30 PM Bridge Club (Auditorium)

28

6:30 AM Open Swim (Pool)
 8:45 AM Yoga (Fitness Studio)
 10:00 AM Strength Training (Fitness Studio)
 10:00 AM Museum of Fine Arts (Boston)
 11:00 AM Circuit Training - Sign up required (Fitness Studio)
 1:00 PM Technical Assistance Available (Resident Computer Room)
 2:00 PM Group Fitness Training (Fitness Center)
 2:00 PM Ping Pong (Fitness Studio)
 5:00 PM Group Rosary (Resident Card Room)
 7:30 PM Duplicate Bridge (Auditorium)

29

6:30 AM Open Swim (Pool)

30

7:30 AM Aqua Dance (Pool)
 8:30 AM Group Fitness Training (Fitness Center)
 11:00 AM Water Aerobics (Pool)
 1:00 PM Watercolor Class (Arts & Crafts Room)
 1:00 PM Rock Steady Boxing Class (Fitness Studio)
 1:30 PM Sugar Scrub Workshop (ELL Classroom)
 3:00 PM Cribbage (Bistro Coffee Shop)
 3:30 PM Taoist Tai Chi - New Beginner (Fitness Studio)
 3:30 PM Christ Church Episcopal Service (Resident Card Room)
 4:00 PM Ladies' Night (Pub)
 7:30 PM Social Poker (The Carriage Room)
 7:30 PM Peking and the Mystics (Auditorium)

