## **June** 2018

Life Enrichment Activities Calendar 978-738-6446



WED

Fathers' Day

9:30 AM Transportation to Christ Church (Andover) 10:00 AM Catholic

2:00 PM Movie - "The Debt" (Channel 918) 7:30 PM Movie - "The Debt"

(Channel 918)

6:30 AM Open Swim (Pool) 8:45 AM Yoga (Fitness

Studio) Communion Service (Auditorium) 10:00 AM Strength Training (Fitness Studio)

10:00 AM Treasure Cove Receiving (Auditorium)

11:00 AM Circuit Training (Fitness Studio)

11:00 AM Exercise Your Brain (Arts & Crafts Room)

2:00 PM Ping Pong (Fitness Studio) 2:00 PM Group Fitness Training (Fitness Center)

3:30 PM Taoist Tai Chi - Health Recovery (Fitness Studio)

7:30 PM ELL Program - Beauport a dream realized (Auditorium)

6:30 AM Open Swim (Pool) 2:45 AM Group Fitness Training (Fitness Center) 9:00 AM Water Aerobics

(Pool) 10:00 AM Market Basket Shopping (North Andover)

10:00 AM Group Fitness Training (Fitness Center) 0:30 AM Book Club II (Arts & Crafts

Room) 1:15 AM Bible Study with Rev. Hughes

(Resident Card Room) :00 PM Rock Steady Boxing Class (Fitness Studio)

1:30 PM Coffee Chat - Update on Woodlands Inn with Melissa Kampersal and Natalie MacBrien (Auditorium)

1:30 PM Catholic Mass (ELL Classroom) 2:00 PM Play Pool (Pool Room) 2:00 PM Edgewood Singers (Carriage Room)

2:00 PM Mahjong (Bistro Coffee Shop) 3:00 PM Horseshoes (Bistro Lawn (weather permitting))

3:15 PM Bingo (Arts & Crafts Room) 3:30 PM Meditation (Clubhouse Conference Room) 4:00 PM Men's Night (Pub) 7:30 PM Bridge Club (Auditorium)

6:30 AM Open Swim (Pool)

8:45 AM Yoga (Fitness Studio)

10:00 AM Strength Training (Fitness Studio)

11:00 AM Circuit Training (Fitness Studio)

1:00 PM Technical Assistance Available (Resident Computer Room)

2:00 PM Group Fitness Training-CANCELLED (Fitness Center)

2:00 PM Volunteer Recognition Garden Party (Tent on the Bistro Patio - weather permitting, otherwise the Auditorium)

2:00 PM Ping Pong (Fitness Studio) 2:00 PM Play Pool (Pool Room) 5:00 PM Group Rosary (Resident Card Room)

7:30 PM South Church Service (Auditorium)

6:30 AM Open Swim (Pool) 7:45 AM Group Fitness Training (Fitness Center) 9:00 AM Water Aerobics

(Pool) 10:00 AM Market Basket Shopping (North Andover)

10:00 AM Resident Council Meeting (Auditorium)

10:00 AM Group Fitness Training (Fitness Center) 1:00 PM Watercolor Class (Arts &

Crafts Room) 1:00 PM Rock Steady Boxing Class

(Fitness Studio) 2:00 PM Play Pool (Pool Room) 3:00 PM Cribbage (Bistro Coffee Shop)

3:30 PM Taoist Tai Chi - New Beginniner (Fitness Studio)

4:00 PM Relaxing Chair Massage (Rokous Clinic)

4:00 PM Ladies' Night (Pub) 7:30 PM Social Poker (The Carriage

Room) 7:30 PM A Tour of the Solar System -Part 2 - Planet Hunters Unite presented by JT Vannah, Science Interpreter (Auditorium)

6:30 AM Open Swim (Pool)

8:45 AM Yoga (Fitness Studio) 9:30 AM Crane Estate/Garden Tour

(Ipswich, MA) 10:00 AM Strength Training

(Fitness Studio) 10:30 AM ELL Program - What's On

Your Mind? (Auditorium) 11:00 AM Seated Yoga (Fitness Studio)

12:30 PM Kayak the Lake (Meet at the kavak rack)

2:00 PM Ping Pong (Fitness Studio) 2:00 PM Movie "The Simple Life of Noah Dearborn" (Channel 918)

7:30 PM Sailing Towards My Father- A one act play about Herman Melville with Stephen Collins (Auditorium) 7:30 PM Movie - "The Simple Life of

Noah Dearborn" (Channel 918)

9:00 AM Taoist Tai Chi New Beginner (Fitness Studio)

10:00 AM Ladies' Pool (Pool Room)

10:00 AM Taoist Tai Chi Set Review (Fitness Studio)

11:00 AM Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 PM Movie "Do You Believe" (Channel 918)

3:30 PM Transportation to St. Michael's Church (North Andover) 4:00 PM ELL Program - Great Video Series - The Great Trials of World History and the Lessons They Teach Us (ELL Classroom)

7:30 PM Wendee Glick, Jazz Singer & Bill Duffy, Pianist (Bistro Tent weather permitting, otherwise the Auditorium)

30 PM Movie "Do You Believe" (Channel 918)

9:30 AM Transportation to Christ Church (Andover)

10:00 AM Catholic Communion Service (Auditorium)

2:00 PM Movie - "Les Miserables in Concert" (Channel 918)

4:00 PM Trivial Pursuit (Auditorium)

7:30 PM Movie - "Les Miserables in Concert" (Channel 918)

6:30 AM Open Swim (Pool)

8:45 AM Yoga (Fitness Studio)

10:00 AM Strength Training (Fitness Studio)

11:00 AM Circuit Training (Fitness Studio)

11:00 AM Exercise Your Brain (Arts & Crafts Room)

11:00 AM Movement Disorders Support Group (Resident Card Room)

1:30 PM Cuddle Dolls (Arts & Crafts Room)

2:00 PM Ping Pong (Fitness Studio) 2:00 PM Group Fitness Training (Fitness Center)

3:30 PM Taoist Tai Chi - Health Recovery (Fitness Studio)

7:30 PM ELL Program - The 19th Amendment & the Fight for Women's Suffrage in the US with Allison Horrocks (Auditorium)

6:30 AM Open Swim (Pool)

7:45 AM Group Fitness Training (Fitness Center) 9:00 AM Water Aerobics (Pool) 10:00 AM Market Basket Shopping (North Andover)

10:00 AM Caregiver Support Group (Private Dining Room)

10:00 AM Group Fitness Training (Fitness Center)

11:30 AM ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room)

1:00 PM Rock Steady Boxing Class (Fitness Studio)

2:00 PM Play Pool (Pool Room) 2:00 PM Mahjong (Bistro Coffee Shop)

3:00 PM Horseshoes (Bistro Lawn (weather permitting))

3:15 PM Bingo (Arts & Crafts Room) 3:30 PM Meditation (Clubhouse Conference Room)

4:00 PM Men's Night (Pub) 7:30 PM Bridge Club (Auditorium)

6:30 AM Open Swim (Pool)

8:45 AM Yoga (Fitness Studio) 10:00 AM Strength Training

(Fitness Studio) 10:30 AM Beauport, The

Sleeper-McCann House and Lunch at the Seaport Grill (Gloucester, MA)

11:00 AM Circuit Training (Fitness Studio)

1:00 PM Technical Assistance Available (Resident Computer Room)

2:00 PM Group Fitness Training (Fitness Center)

2:00 PM Ping Pong (Fitness Studio) 2:00 PM Play Pool (Pool Room) 5:00 PM Group Rosary (Resident Card Room)

7:30 PM Duplicate Bridge (Auditorium)

6:30 AM Open Swim (Pool) 7:45 AM Group Fitness Training (Fitness Center) 9:00 AM Water Aerobics

(Pool) 10:00 AM Market Basket Shopping (North Andover)

10:00 AM Group Fitness Training (Fitness Center)

11:00 AM Quilt Group (Arts & Crafts Room) 1:00 PM Watercolor Class (Arts &

Crafts Room) 1:00 PM Rock Steady Boxing Class (Fitness Studio)

1:30 PM Opera Appreciation with Erika Reitshamer - Opera is Cool (Auditorium)

2:00 PM Investment Club (Clubhouse Conference Room) 2:00 PM Play Pool (Pool Room)

3:00 PM Cribbage (Bistro Coffee Shop) 3:30 PM Christ Church Episcopal Service (Resident Card Room)

3:30 PM Taoist Tai Chi - New Beginniner (Fitness Studio) 4:00 PM Ladies' Night (Pub) 7:30 PM Social Poker (The Carriage

Room)

6:30 AM Open Swim -Cancelled (Pool) 8:45 AM Yoga (Fitness

> Studio) 10:00 AM Strength Training-CANCELLED (Fitness Studio)

10:30 AM ELL Program - What's On Your Mind? (Auditorium)

11:00 AM Seated Yoga-CANCELLED (Fitness Studio)

& Art" (Channel 918)

1:00 PM Shabbat (Auditorium) 2:00 PM Ping Pong (Fitness Studio) 2:00 PM Movie "Maria Callas: Life & Art" (Channel 918) 7:30 PM Movie - "Maria Callas: Life

9:00 AM Taoist Tai Chi New Beginner (Fitness Studio) 10:00 AM Ladies' Pool

(Pool Room) 10:00 AM Taoist Tai Chi Set Review

(Fitness Studio) 11:00 AM Taoist Tai Chi - Health Recovery (Fitness Studio)

2:00 PM Movie "This Beautiful Fantastic" (Channel 918)

3:30 PM Transportation to St. Michael's Church (North Andover) 4:00 PM ELL Program - Great Video Series - The Great Trials of

World History and the Lessons They Teach Us (ELL Classroom) 7:30 PM Movie "This Beautiful

Fantastic" (Channel 918)

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