EXPLORE











Leave ordinary behind.

From the time you turn into the drive and begin winding your way through our picturesque campus, you'll sense that Edgewood is no ordinary retirement community. Is it the natural beauty of the land that's so lovingly preserved? Maybe it's the integrity of the New England-style architecture and the impeccable landscaping. Or is it the sense of optimism and the positive energy that permeate our community, inviting you to explore and get to know us?

Whatever it is that draws you, Edgewood is a community where you'll design life on your own terms — doing exactly what you want to do, when you want to do it. It's freedom and discovery, making choices and staying in control of your future. It's about creating a lifestyle that's everything you want it to be — nothing more and absolutely nothing less.



Be the architect of your own well-being.



AT EDGEWOOD, THE ONLY CHOICE THAT MATTERS IS YOURS. Chances are you've made some pretty good choices along the way. You know what you like, what you don't, and what works best for you. At Edgewood, we've created a community that empowers you to design the life you want to live. Whether you prefer to stay active and on-the-go, you're more of a homebody, or anything in between, you'll fit right in at Edgewood. And better yet, Edgewood will fit right in with you.

We're also flexible enough to know that needs change. As the Merrimack Valley's only LifeCare Community, we offer a full continuum of retirement living options from independent living, in-home resident services, and assisted living to health care and support services — giving you peace of mind in knowing that Edgewood is the only move you need to make.

Find a home that feels just right.

ABUNDANT NATURAL LIGHT. HIGH-QUALITY FINISHES. CUSTOM UPGRADES.





Whether you prefer an apartment or a cottage, there's sure to be a floor plan and a location at Edgewood you'll be proud to call home — and where you'll be proud to welcome visitors and host sleepovers with the grandchildren.

Located in our main building, **apartment homes** are bright and spacious, featuring large bay windows, high ceilings with crown moulding, and ample closet space. Whether you choose a onebedroom floor plan or two bedrooms with a den, you'll find full-size kitchens with granite countertops and stainless-steel appliances, updated bathrooms, walk-in closets, and convenient access to all of Edgewood's amenities.

Arranged as small villages, our **cottage homes** feature an exceptional level of detail, comfort, and quality, with open floor plans, wood-cabinet kitchens with center islands and breakfast bars, and high-quality stainless-steel appliances. Sunrooms with heated slate floors provide a lovely place to enjoy your morning coffee, read or entertain. Living rooms include gas fireplaces, and formal dining rooms ensure ample space for family dinners or lingering over dessert with friends. All have two-car garages, basements for storage, and beautiful views of Edgewood's pastoral campus, where you'll often see deer and other wildlife.

Many residents also choose to add special features to their apartment or cottage homes. From additional built-in shelving, cabinetry, or custom millwork to paint colors, lighting, and hardware that fit your personal style, Edgewood's team is always happy to work with you to make your home your own.



As you drive onto our campus, you'll see the restored 1800s horse barn that hints at Edgewood's origins as a dairy farm and then a boarding stable. Today, several horses still make their home in the barn.

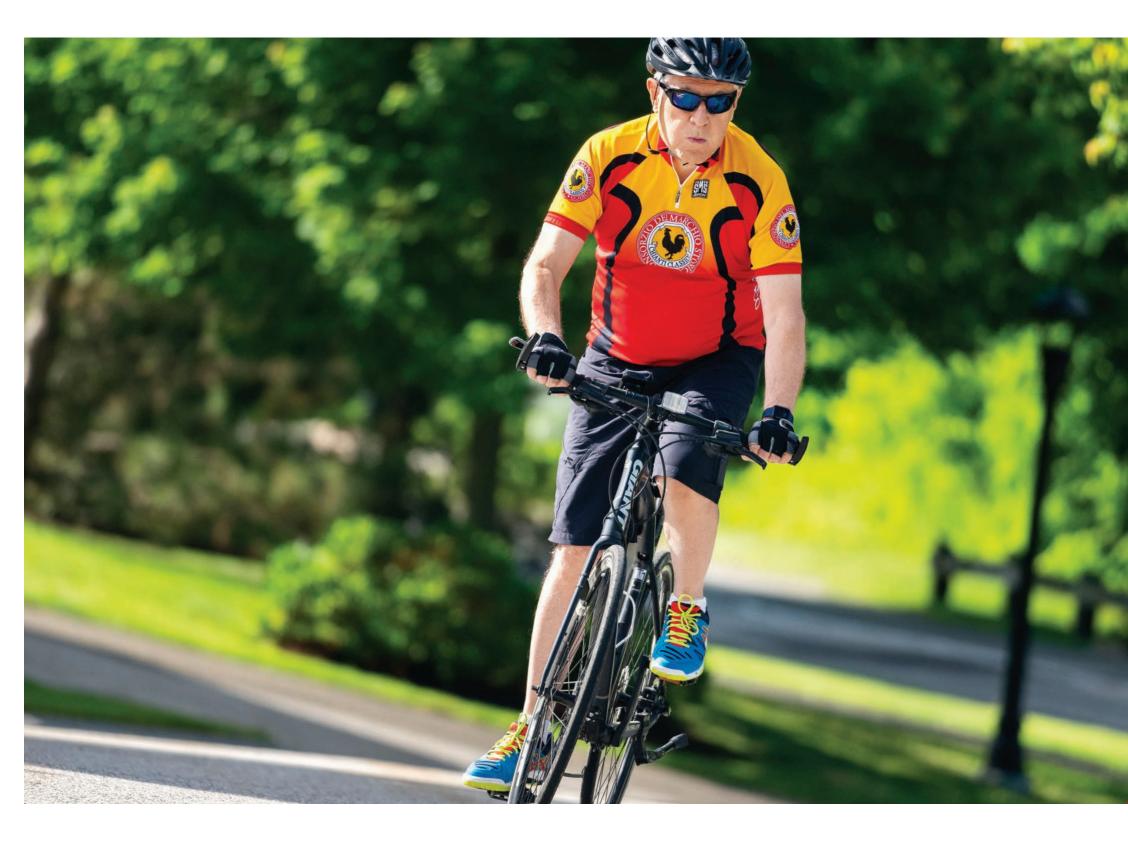
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Active. Vibrant. Never dull.







Cultivate your best life here.



EMPOWERED LIVING FOR SUCCESSFUL AGING. Mountains of research and our own experience in senior living have shown that whole-person wellness is a key component of successful aging. This includes not only health of mind, body, and spirit, but also social connection, an edifying environment, and the personal fulfillment that comes with volunteering and sharing your skills with others. At Edgewood, you'll be empowered to cultivate personal, multi-dimensional wellness in ways that feel natural and satisfying to you.

Plus, with Edgewood's maintenance-free lifestyle and a full array of services and amenities thoughtfully chosen to enhance your life, you'll enjoy more time to focus on what matters most to you. In short, we do all the work so you can have all the fun.

WELCOME TO THE CLUBHOUSE.

The Clubhouse at Edgewood is the center of our community and a hub of activity. Meet friends for coffee and cards or enjoy a chef-crafted meal together. Explore diverse topics in the classroom, pursue creative interests, and display your creations or view the work of others in the art gallery. Attend a concert or other performance in the auditorium, work out in the fitness center, swim a few laps in the aquatic center, and so much more. It's all conveniently located under one roof.

Culinary Services

The Main Dining Room The Bistro The Bakery Private Dining Room Outdoor Kitchen

Health & Wellness Fitness Center Aquatic Center Meditation Garden Salon Rokous Health Center Lifelong Learning Arts & Crafts Room Art Gallery Wood Shop Library Classroom Computer Room

Entertainment Auditorium Card Room Billiard<u>s Room</u>







FIND FITNESS OPTIONS FOR EVERY BODY.

Whether you're already fit and want to maintain your active lifestyle, or you'd like to explore ways to improve your strength, balance, and cardiovascular health, Edgewood has resources for you. In our well-equipped Fitness Center, our wellness specialist will work with you to develop an individualized workout program using specialized cardio and strength-training equipment. If you're interested in group classes, you can also receive guidance in choosing the ones that best fit your interests, abilities, and goals. You'll find a wide variety including circuit training, yoga, and tai chi, as well as seasonal offerings like walking groups and outdoor games.

Edgewood's indoor Aquatic Center is the place to go for a quick dip or an invigorating lap-swim. You can also participate in group activities like aquacise classes or our popular beachball volleyball games. Tired from your workout? Soothe your muscles in the relaxing whirlpool. And best of all, even when it's cold outside, the Aquatic Center is always a balmy 85 degrees.





KEEP YOUR BRAIN ON ITS TOES.

Spend any amount of time at Edgewood, and you're likely to engage in stimulating conversation, be invited to try a new activity or learn something you never knew before. Our full calendar of events and programs offers something for everyone — from art classes, board games, bridge, and movies to group excursions for symphony and theater performances, museum exhibitions, and other interesting destinations.

Adding to the variety is Edgewood Lifelong Learning (ELL) — a distinctive feature of the Edgewood lifestyle. A resident-driven program, the ELL series features classes and lectures on a wide variety of topics, all led by Edgewood residents, area professionals, and educators. Subjects are suggested and decided by residents, and have included topics as varied as literature, science, art, history, psychology, current events, and more.

AT EDGEWOOD, YOU HAVE A VOICE.

Edgewood residents are encouraged to participate in a variety of committees that provide suggestions for improving and maintaining our community — from the Residents' Council that works with our management team to a variety of committees including buildings and grounds, food and beverage, finance, and health care, among others.



The inspired landscaping on Edgewood's campus highlights the classic New England architecture using an attractive combination of cultivated beds and fields of native grasses and wildflowers.

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Locally farmed. Freshcaught. Healthier for you.







Indulge in palatepleasing cuisine.

GLOBALLY INSPIRED. LOCALLY GROWN. MADE-TO-ORDER FOR YOU. Italian designer Elsa Schiaparelli once said, "Eating well gives a spectacular joy to life and contributes immensely to goodwill and happy companionship." Edgewood residents know this to be true — because meals here are not only a time to nourish the body with healthy, delicious foods, but also a time to discover new tastes, socialize, and enjoy the company of others.

Our two restaurants offer chef-created menus that change frequently and offer daily specials to feature the freshest ingredients available from local farmers, fishermen, and other purveyors. You'll also find maple syrup tapped from trees on our campus; homemade breads, pastries, and desserts from our in-house bakery; and honey harvested from our own on-site beehives. It doesn't get much fresher — or more local — than that.

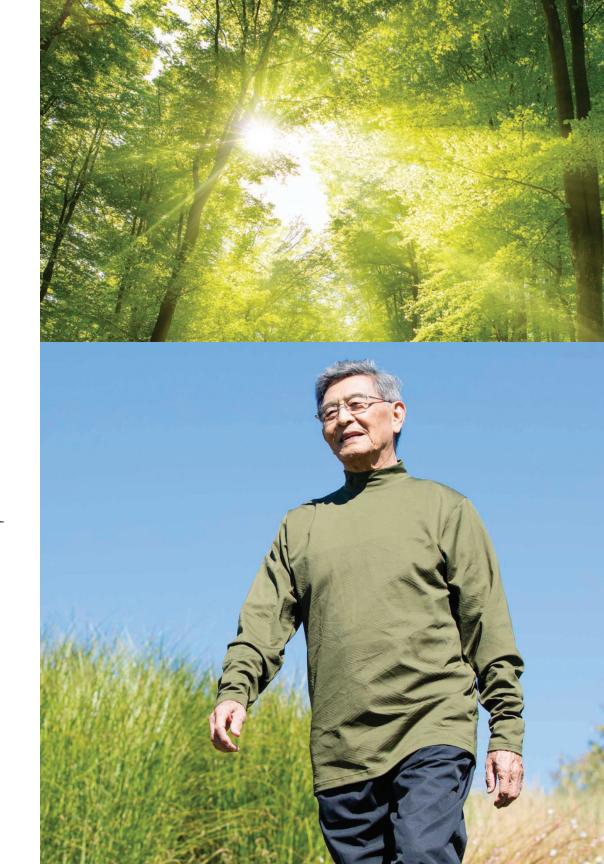
Happily, you'll find this focus on local ingredients doesn't limit our menus. In fact, you'll enjoy an ever-changing selection of globally inspired cuisine and themed menu events that offer up fresh interpretations of longtime favorites and take your palate on trips around the world. Our chefs are also happy to accommodate your personal preferences and special dietary considerations, giving true meaning to made-to-order.

Half Mile Hill Trail is part of the North Andover Trail System that runs through and around our campus.

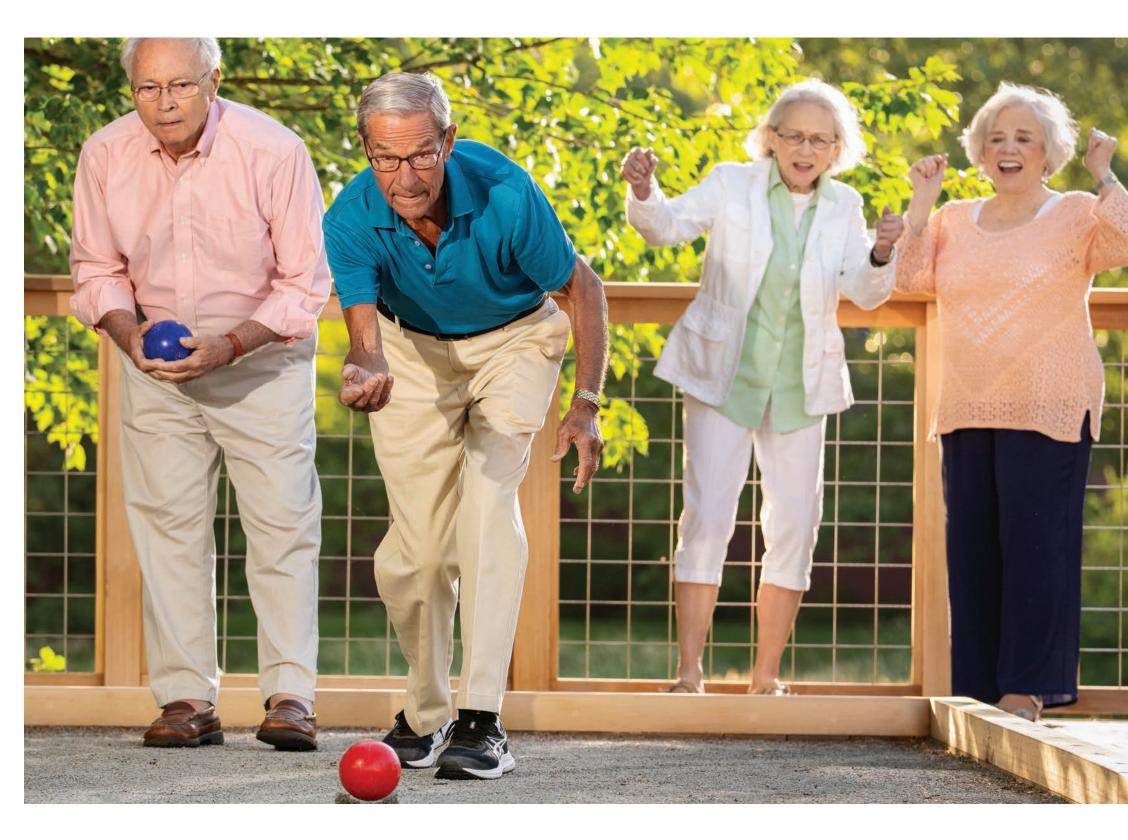
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Your very own four-season paradise.







Go outside and play.

OUTDOOR AMENITIES EXTEND YOUR LIVING SPACE.

Edgewood is known for having an exceptionally beautiful campus, and our outdoor amenities will entice you to enjoy the fresh air and natural surroundings in every season.

Just outside the Clubhouse you'll find The Great Lawn. In this area built for socializing, relaxation, and recreation, enjoy the outdoor kitchen and dining area where frequent cookouts and other events bring the community together. Relax with friends around the firepit and share spectacular sunset views. Read or just enjoy some quiet time in the meditation garden. Or, if a little friendly competition is up your alley, you'll have your pick of bocce, horseshoes, badminton, and other lawn games, which are also popular with visiting grandchildren.

Take a short walk from the Clubhouse and you'll arrive at our resident gardens. If you fancy getting a little dirt on your hands, the gardens are a perfect place to grow your favorite produce or flowers and make new friends as you tend your personal garden. Beehives located a short distance away create a symbiotic relationship that helps ensure pollination for the gardens and provides honey for our restaurants and community store. Take a hike, bike, or kayak.



WITH MORE THAN 100 ACRES, THERE'S ROOM TO EXPLORE.





Edgewood's picturesque campus includes more than 100 acres adjoining conservation land and scenic Lake Cochichewick. And, with our beautiful campus right outside your door, it's hard to resist exploring.

Set out on the paved walking trails or the North Andover Trail System that runs through and around our campus. While you walk, keep an eye out for wildlife including white-tailed deer, the occasional white squirrel, or any of the 300 species of birds that migrate along our section of the Atlantic Flyway each year. You might also choose to head down to the lake for some around our campus and enjoy the inspired and wildflowers. Your exploration may take you to our restored 1800s barn where you'll meet the resident horses who are always happy to greet visitors. Or, in the winter, you might strap on a pair of snowshoes and join your fellow residents for a winter walk. The opportunities are nearly natural beauty to enjoy.

What better way to start the morning than with a relaxing kayak outing on Lake Cochichewick? Bring your own kayak and see how easy Edgewood makes it to take advantage of this unique feature of our campus with storage racks at the lakeshore and on-site winter storage.





Protect your assets as you plan for the future.



ENJOY THE PEACE OF MIND ONLY FOUND WITH LIFECARE.

Edgewood is the Merrimack Valley's only LifeCare Community, offering a variety of independent living and healthcare options to meet residents' changing needs. With the assurance of LifeCare, you'll have unlimited, priority access to all levels of care on our campus, should you ever need them. This includes small-home assisted living and memory support at The Woodlands Inn, and short-term rehabilitation, advancedlevel memory support, and skilled nursing at The Meadows, our award-winning, on-site health center. LifeCare provides an enhanced quality of life, financial value and stability, and peace of mind for you and your family. These priceless benefits mean you can:

- Move once and never worry about relocating again.
- Count on predictable monthly rates, even if care levels change.
- Never worry about surprise expenses or having to search for health care in a crisis.
- Protect your assets with our Return-of-Capital[®] Plan that returns 90% of your entrance fee.



While this viewbook is a good introduction to Edgewood, the best way to get to know us is to take a personal tour. We can also arrange for you to attend an event, speak with current residents, and enjoy a meal in our Bistro. To schedule your tour, call us at **978-725-3300**.



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Edgewood is a not-for-profit 501(c)(3) organization.

